

Presented by Country & Western Dance Club Burnin' Heels
Walter & Marie-Therese Lüthi
National Teachers Association of Country Western Dance
Accredited Fundamentals, Line Dance I & Line Dance II Level Instructors



One For The Road

Choreographers: Robbie McGowan Hickie (UK) August 2004
Description: 32 Count - 4 Wall Line Dance
Level: Beginner/Intermediate
Music: Just One More Time by Derailers

8 Count intro

Forward Rock & Point. Behind. Side. Step Forward (Left & Right).

1&2 Rock forward on Left. Rock back on Right. Point Left toe out to Left side.
3&4 Cross Left behind Right. Step Right to Right side. Step forward on Left.
5&6 Rock forward on Right. Rock back on Left. Point Right toe out to Right side.
7&8 Cross Right behind Left. Step Left to Left side. Step forward on Right.

Left Mambo Forward. Right Lock Step Back. Left Coaster Step. Toe Struts Forward (Right & Left).

1&2 Rock forward on Left. Rock back on Right. Step back on Left.
3&4 Step back on Right. Lock Left across Right. Step back on Right.
5&6 Step back on Left. Step Right beside Left. Step forward on Left.
7& Step forward on Right toe. Drop Right heel to floor.
8& Step forward on Left toe. Drop Left heel to floor.

Step. Pivot 1/4 Turn Left. Cross. Chasse Left. Cross Rock & Side Right. Cross Rock & Side Left.

1&2 Step forward on Right. Pivot 1/4 turn Left. Cross step Right over Left. (Facing 9 o'clock)
3&4 Step Left to Left side. Close Right beside Left. Step Left to Left side.
5&6 Cross rock Right over Left. Rock back on Left. Step Right to Right side.
7&8 Cross rock Left over Right. Rock back on Right. Step Left to Left side.

Step. Pivot 1/2 Turn Left. Touch. Right Lock Step Forward. Step. Full Turn Right. Right Coaster Step.

1&2 Step forward on Right. Pivot 1/2 turn Left. Touch Right toe beside Left.
3&4 Step forward on Right. Lock Left behind Right. Step forward on Right.
5&6 Step forward on Left. Pivot 1/2 turn Right. Turn 1/2 turn Right stepping back on Left.
7&8 Step back on Right. Step Left beside Right. Step forward on Right. (Facing 3 o'clock)
Easier option: Counts 5&6 above ... Left Mambo Forward.

Begin Again

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